



Stock photo. Posing by model.

EXPERIENCING STRESS?

Not all children and teens respond to stress in the same way. Some common changes to watch for include:

- Crying a lot or anger in younger children
- Returning to behaviors they have outgrown (for example, toilet accidents or bedwetting)
- Very worried or sad
- Unhealthy eating
- Not sleeping well
- Unhappy or "acting out"
- Not doing well in school or avoiding schoolwork
- Hard time paying attention
- No longer doing things enjoyed in the past
- Unexplained headaches or body pain
- Use of alcohol, tobacco, or other drugs



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ChipsLead.org/Care-Connect



CARECONNECT
PARTNERS

Manistee Area Public Schools

The MAPS CareConnect program, funded by grants, works with the following community agencies to provide behavioral health outreach for our students and families, while also supporting MAPS staff.

Centra Wellness Network (CWN)

CWN is a publicly funded Community Mental Health Service Provider for Manistee and Benzie Counties. In collaboration with providers and community partners, they serve more than 1,200 individuals annually.

Northwest Michigan Health Services, Inc. (NMHSI)

NMHSI is a federally qualified health center with a 50+ year history of providing medical, dental, and behavioral health services in northwest lower Michigan.

Manistee Intermediated School District

The ISD is a regional service agency that provides instructional and administrative services to For MAPS and the other school districts in our County.

Michigan Health Endowment Fund

The Michigan Health Endowment Fund works to improve the health and wellness of Michigan residents and reduce the cost of healthcare, with a special focus on children and seniors.

Michigan Department of Education

MAPS CareConnect is funded in part by the Michigan Department of Education 31n School Mental Health & Support Services grant, which is to be used to meet local needs and fill gaps in mental health services within the MAPS District.



MAPS **CARECONNECT** is a community partnership supported by the Michigan Health Endowment Fund allowing the Human Services Collaborative Body, Manistee Intermediate School District, Centra Wellness Network, Northwest Michigan Health Services, Inc., and MAPS to work together to create improved support for students.

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WE ARE HERE TO HELP



MAPS PRINCIPALS

Helps to connect students onsite coordinator & available services



MAPS CARECONNECT COORDINATOR

Receives referral and helps to connect students with services.



HOW CAN WE HELP YOU?

• **Support for Stress or Trauma** - Everyone reacts differently when they feel stressed. Sometimes we need help working through our feelings. The MAPS CareConnect team can provide help for you and your student.

• **Lack of Resources** - Families often face challenges. Our MAPS CareConnect team can connect you with help for healthcare, food, dental care, insurance, housing, and more. Please reach out to them for more information about how they can help you.

• **Serious and/or Chronic Mental Illness** - If any student or family member is having a mental health crisis they can reach out to Centra Wellness Network at 1-877-398-2013. Centra Wellness has Therapist available and offers crisis services 24/7.



SafeNet STAFF

CENTRA WELLNESS (CWN)

Provide prevention services and a connection between home and school. Works with parents, teachers, and students to promote positive life skills, parenting skills, social-emotional learning.



BEHAVIORAL HEALTH THERAPIST

CENTRA WELLNESS (CWN)

Provides assessment, screening, diagnostics, and treatment..



BEHAVIORAL HEALTH THERAPIST

Northwest Michigan Health Services (NMHSI)

Provide assessment, screening, diagnostics, treatment (individual, group or family) mental health therapy and coordination of services for students. Also helps students diagnosed with Severe Emotional Disorders who may also be seen by the Behavioral Health Therapist.



COMMUNITY HEALTH WORKER

Northwest Michigan Health Services (NMHSI)

Assists students/families with scheduling and keeping appointments for health services, connects families to community resources.



COORDINATOR

Northwest Michigan Health Services (NMHSI)

Assists in coordination of health services, processes required paperwork, and assigns referrals to MAPS CareConnect; oversees operation of programs.



Getting Started...
REACH OUT NOW

Where to submit a request?

- A link to the referral form is available for parent or staff at:
www.chipslead.org/care-connect
- A link is also available on MAPS student computers (aged 14 +) for self-referral and on the CareConnect page of the www.chipslead.org website.

How to submit a request?

- Family, staff or student (if 14+ and seeking confidential services) complete and sign consent and health history form which is submitted to MAPS CareConnect staff only.

What happens next?

- MAPS CareConnect coordinator will review referral, open case, and assign CareConnect staff, and appointment will be scheduled.
- During school, student will receive pass to attend appointment. Effort will be made to avoid scheduling during students most challenging courses, and to alternate appointments for different class times.
- Outside of school, a MAPS Care Connect Coordinator will reach out to you to arrange for services.

Questions? Our Behavioral Health help line is available 8:00 a.m. to noon and 1:00 -4:00 p.m. Monday through Friday at 231-655-3867.