

## BENZIE FRIENDS DROP-IN CENTER February 2025

Sun	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <b>Pizza Saturday 12-2 &amp; BINGO</b>
2	3 Phone Support Available 10-2	4 <b>Great Wolf Lodge Over Night Trip</b>	5 <b>Food Pantry</b>  <b>Great Wolf Lodge Over Night Trip</b>	6 <b>Art w/ Arysa 10:30am</b> <b>DBT Skills CLASS W/ Carolyn Pifer 1-2pm</b> <b>WOMENS ART STUDIO 2-3:30PM</b> Lunch Serve	7 <b>Memorial Luncheon for Mike Rineer 12-2pm</b> Staff Meeting 3pm	8 <b>Pizza Saturday 12-2 &amp; BINGO</b>
9	10 Phone Support Available 10-2	11 <b>PATHWAYS 10:30AM</b> Dance Fitness w/ Jes Baking Day w/ Jes & Joanne <b>HEARING VOICES 2-4PM</b> Lunch Served	12 <b>Food Pantry</b>  Music w/ Carla Valentines craft w/Joanne 11:30am <b>Spiritual Support 1pm</b>	13 <b>GYM – 11-12</b> DBT Skills CLASS W/ Carolyn Pifer 1-2pm LGBTQ+ TALK CIRCLE 2-3pm Lunch Served	14 <b>Valentines Day Luncheon &amp; ames – wear RED! 12-3pm</b>	15 <b>Pizza Saturday 12-2 &amp; BINGO</b>
16	17 Phone Support Available 10-2	18 <b>PATHWAYS 10:30AM</b> Dance Fitness w/ Jes  <b>Peer Support Group &amp; Lunch 12:15pm</b>	19 <b>Food Pantry</b>  Music w/ Carla <b>Cards w/Joanne 11:30am</b> <b>Spiritual Support 1pm</b>	20 <b>GYM – 11-12</b> DBT Skills CLASS W/ Carolyn Pifer 1-2pm WOMENS ART STUDIO 2-3:30PM Lunch Served	21 <b>TRAVERSE MALL WALK &amp; LUNCH 10- 4PM</b>	22 <b>Pizza Saturday 12-2 &amp; BINGO</b>
23	24 Phone Support Available 10-2	25 <b>PATHWAYS 10:30AM</b> Dance Fitness w/ Jes Baking Day w/ Jes & Joanne <b>HEARING VOICES 2-4PM</b> Lunch Served	26 <b>Food Pantry</b>  Music w/ Carla <b>Painting w/Joanne 11:30am</b> <b>Spiritual Support 1pm</b>	27 <b>GYM – 11-12</b> DBT Skills CLASS W/ Carolyn Pifer 1-2pm LGBTQ+ TALK CIRCLE 2-3pm Lunch Served	28 <b>AMC Movie Theater – Traverse City</b>	

**Staff available by phone 9:30am – 4:30pm Tuesday – Saturday, Monday 10-2pm Call ahead for your food box!**

**231-383-4300 LUNCH AT THE DROP IN – TUESDAYS AND THURSDAYS**